



Darbepoetin Alfa Stays Akin to Erythropoietin Alfa for **Anemia in Nephrology**



Does darbepoetin alfa, at a reduced dose frequency, stands to be non-inferior to erythropoietin alfa in efficacy, tolerability, and safety for renal anemia in CKD?

Mehta *et al.* compared the efficacy and tolerability of DA- α to EPO in the treatment of renal anemia among Indian pre-dialysis patients with CKD in a non-inferiority trial.



Study design

Phase III, randomized, open-label, parallel-group, multicenter, active-controlled, non-inferiority trial from September 2012 to May 2014 at 14 sites across India



Study population

63 patients aged 18–65 years at pre-dialysis stage 3 and 4 with GFR 15-59 mL/min/1.73 m² and Hb 7–10 g/dL, EPO naïve or on EPO (not within 1 week prior to screening)



Intervention

Patients with Hb <10 g/dL received EPO TIW or DA- α QW (1:1) for 12–24 weeks (correction phase) in ITT and PP groups. Patients with Hb 10 g/dL were switched to DA- α or EPO for 12 weeks (maintenance phase).

Endpoints

- Efficacy: Mean change in Hb level from baseline to EOC
- Safety



Darbepoetin alfa stands to be non-inferior to EPO in efficacy and safety measures for renal anemia in pre-dialysis CKD patients.

Efficacy: Comparative mean change in Hb levels



Safety: Frequency and types of TEAEs





No changes in mean blood pressure or heart rate.

No patient in DA- α but 1 in EPO group experienced study drug-related TEAE.



No antibody formation to either treatment

For renal anemia in pre-dialysis CKD patients, DA-α at a reduced dose frequency is as effective and well tolerated as EPO.

Change for Better...Change to



Abbreviations: CKD: Chronic kidney disease; DA-a: Darbepoetin alfa; EOC: End of correction phase; EPO: Erythropoietin alfa; GFR: Glomerular filtration rate; Hb: Hemoglobin; ITT: Intent to treat; PP: Per protocol; QW: Once weekly; TEAE: Treatment emergent adverse events; TIW: Three times a week

Reference: Mehta KS, Sinha SD, Vamsi B, et al. Darbepoetin alfa versus erythropoietin alfa for treatment of renal anemia in patients with chronic kidney disease at the pre-dialysis stage: A randomized non-inferiority trial. J Assoc Physicians India. 2019;67(1):62-66.

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